

**25 triathlons. 1 cause. 0 arms.**

*Pompano Beach, FL:* And he's off! Hector Picard, bi-lateral amputee, will compete in over 25 triathlons throughout the span of 2016, each dedicated to a child at Broward Children's Center.

In 1992, at the age of 24, Hector Picard almost lost his life. He was in a work related accident that left him in a coma. When he awoke, the sting of burns all over his body was overwhelming and he couldn't move his arms. Doctors continued to tell him that he would be able to do everything again – button his shirt, brush his hair, feed himself – all the things he learned as a child, but he realized he had to start his new life as a bi-lateral amputee.

Hector's journey as a bi-lateral amputee began with obstacles he'd never have imagined. He was an active individual with a family, and had dreams of doing more than just merely existing. He needed to find a way to be active again, and be there for his family. He had no intention to stop living.

For this reason, Hector started [dontstopliving.org](http://dontstopliving.org) – a resource and support system for all individuals with obstacles in life. Whether they are disabled, going through personal issues, or just down on their luck, Hector wants everyone to know that no adversity is too great when you embrace life through hard work and positive thinking.

That positive thinking led him to triathlons. With an enduring personality, Hector knew that anything he put his mind to, that he could overcome – even miles and miles of running, swimming, and biking. This year, Hector will be competing in 25 triathlons all over the nation in honor of individual children at BCC. Hector has set a goal to raise \$50,000 for Broward Children's Center, and will be wearing a picture of each child on his uniform when he races.

Broward Children's Center is a 501 (c)(3) that provides service and care to infants, children, and young adults with special needs. For over 40 years, BCC has operated in Pompano Beach, Florida, and serves both local and national children and their families.

To support Hector Picard's goal of raising \$50,000, visit <http://bcckids.org/racingfortruechampions>.